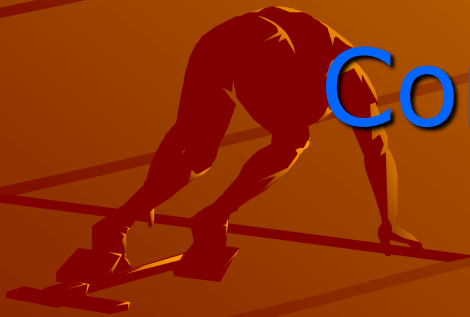


# Midwest Corporate Athletic Association (MWCAA)

June 17, 2023

Corporate Cup Relays



**Location:** Anderson Middle School  
(3205 Catalpa Dr, Berkley, MI)

# What Are The Corporate Cup Relays?

- ✦ Corporations compete in annually held team oriented track & field events and road events.
- ✦ Corporations are divided into 3 divisions based on number of employees.
- ✦ Promotes friendly competition between corporations & health in the workplace.



# What Are The Corporate Cup Relays?

(continued)

- ◆ Equally competitive for all ages and genders.
- ◆ Raises money for Michigan Special Olympics & Friends of the Dearborn Animal Shelter.
- ◆ Direct employees, contract personnel, retirees, co-ops, and summer interns are eligible.

Visit The Corporate Cup Relays  
Website For Lots Of Information  
On The Event!

[www.mwccr.org](http://www.mwccr.org)





# Morning Road Events

## 10K Run Start





# Morning Road Events

## 5K Run Start





# Morning Road Events

## 5K Walker's





# Morning Field Events

## Shot Put





# Morning Field Events

## High Jump



# Morning Field Events

## Long Jump





# Afternoon Track Events (12 Total)

## 4 X 100m Relay





# Afternoon Track Events (12 Total)

## Women's 800 m





# Afternoon Track Events (12 Total)

## Men's Mile





# Afternoon Track Events (12 Total)

## Women's Relay





# Michigan Special Olympians

## 100 m Dash



# History

- ◆ Corporate Nationals traces its history back to 1978, when Southern Bell challenged Runner's World magazine to match their 10k relay team times.
- ◆ United States Corporate Athletic Association (USCAA) was established in 1985, and is responsible for organizing the national event, & establishing the governing rules.
- ◆ The Corporate National have taken place, usually in California or Colorado, every year since 1978.



# History

- ◆ The Midwest Corporate Athletic Association (MWCAA) Metro Detroit Chapter was established in 1987, with the 1<sup>st</sup> Corporate Cup Relays taking place the same year. Prince and Ford wagered a friendly challenge towards each other. They followed the event format & rules previously established by the USCAA.
- ◆ A MWCAA Corporate Cup Relays has occurred every year in the Metro Detroit area, since the 1987 event.

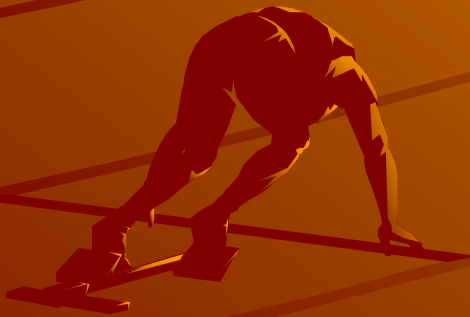
# Division Requirements

- ◆ Division I: > 10,000 employees  
(Past Teams: GM, Ford, Chrysler, Visteon, GE)
- ◆ Division II: 1,000 to 10,000 employees  
(Past Teams: General Dynamics Land Systems, Auto Liv, Bosch, Pyramid Quality Solutions Innovations, Siemens Automotive, Domino's, Pfizer, Siemens)
- ◆ Division III: < 1,000 employees  
( Past Teams: Pioneer State Mutual, State Farm, Vector CANtech, Imperial Marketing, Valassis, AT&T)



# Division I Costs

- ✦ \$20 per entrant  
(This includes tent fees)
- ✦ Companies may have up to 4 teams in each Field Event and Relay, at no additional fee.



# Division II Costs

- ✦ \$20 per entrant  
(This includes tent fees)
- ✦ Companies may have up to 4 teams in each Field Event and Relay, at no additional fee.





# Division III Costs

- ◆ A team: \$10 per person with a max of \$100 for the whole team.
- ◆ No additional fees for adding teams to the relay events.
- ◆ No tent fees
- ◆ Will share tent space with Division I teams, at no additional charge.



# Division I Events (17 events)

**Recommended Minimum Team size to Fill All Events: 35**

## Morning Races & Field Events

(Scoring is adjusted for gender and age)

- ◆ 10k Run (M & F)
- ◆ 5k Run (M & F)
- ◆ 5k Walk (M & F)
- ◆ Shot Put (M & F)
- ◆ High/Long Jumping (M & F)

## Afternoon Relays

- ◆ 12 team relay events (M & F)
- ◆ Legs range from 100m to 1600m
- ◆ Participants hand off a relay baton
- ◆ Age and gender requirements vary.

M & F – Males & Females can participate in the event.



# Division II Events (7 events)

**Recommended Minimum Team size to Fill All Events: 10**

## Morning Races & Field Events

(Scoring is adjusted for gender and age)

- ◆ 5k Run (M & F)
- ◆ Shot Put (M & F)

## Afternoon Relays

- ◆ Sub-master Sprint Relay (400m, 200m, 200m, 800m) (M & F)
- ◆ 4 x 100m (M & F)
- ◆ 3 Lap Sprint (200m, 200m, 400m, 400m) (M & F)
- ◆ Masters Relay (800m, 400m, 800m) (M & F)
- ◆ Men's Mile (M)

M & F – Males and females can participate in the event.

# Division III Events (4 events)

**Recommended Minimum Team size to Fill All Events: 7**

## Morning Race

(Scoring is adjusted for gender and age)

- ◆ 5k Run (M & F)



## Afternoon Relays

- ◆ Sprint Relay (400m, 200m, 200m, 800m) (M & F)
- ◆ 4 x 100m (M & F)
- ◆ Distance Relay (800m, 400m, 1200m, 1600m) (M & F)

M & F – Males & Females can participate in the event.



# Contact List

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◆ Ron Papke (FCA US LLC Captain & MWCAA Vice President)

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◆ Geoff Lane (Meet Organizer)

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